

Daylight

Daylight savings time in the cold northern winters would be a curse. Why would anyone want to go to work an hour earlier in the coldest part of the night?

In the desert southwest the summer sun is something to avoid. Early morning is the only sane time to be outdoors, and it's too hot to sleep until later at night. There's a good reason why Arizona doesn't have daylight savings time.

High noon is when the sun is highest in the sky. Because we have 24 time zones, the clock can be as much a half hour off of real time, but with daylight savings time, it can be off by an hour and a half and it's always off by at least a half hour. Why have we put up with this folly for all these years? Why do we choose to be out of sync with the sun and the rest of the world's time zones? It doesn't save us a even a second of daylight. Maybe it's because most people live their lives under a clock instead of the sun.

Rather than making daylight savings time permanent, we need to just get rid of it. It really needs to be eradicated on a federal level. Because we've become adjusted to an arbitrary departure from real time, it'll take a little while to adjust our schedules to what feels right for us, but once we're there, our clocks will match the day. Are we really too stupid to adjust our work schedules to match the day? This move to make daylight savings time permanent is a sad reminder of just how stupid we can be. If we want more daylight time to be outdoors, just go to a 4 day work week.